

Northeast Kingdom Food Assistance Resources

Due to the COVID-19 pandemic, many Vermonters are having trouble putting food on the table. Fortunately, there are a number of initiatives aimed to help people facing food scarcity in the Northeast Kingdom.

Everyone Eats!

Vermont Everyone Eats! allows you to access free meals from local restaurants. You can check out their website, <https://vteveryoneeats.org/>, for more information, or fill out an application for a food voucher at <https://everyoneeatsvt.com/>

A complete list of the Vermont Everyone Eats distribution sites can be found [here](#).

Farmers to Families Food Boxes

Farmers to Families provides fresh, local produce to people facing food insecurity. You can pre-register for one of their events through the Vermont Department of Human Resources:

<https://humanresources.vermont.gov/food-help>.

Local pick-up spots include St. Johnsbury and Newport.

There is additional information on this site about other food programs such as [3SquaresVT](#), [WIC](#), The Commodity Supplemental Food Program [CSFP](#) (for eligible adults over 60), [Vermont Foodbank locations](#), and many others.

The Lunchbox

The Lunchbox is a program through Green Mountain Farm-to-School that seeks to provide the community with healthy and locally-sourced meals throughout the summer. Children 18 and under eat for free and community members can purchase meals to support the program. Many Lunchbox sites will also feature a “market basket” with free donated and gleaned produce from school gardens and farmers. Northeast Kingdom sites include Derby, Barton, and Newport. More information can be found on their website:

<http://greenmountainfarmtoschool.org/programs/the-lunchbox/>

Gardens

For those interested in combatting food insecurity by working with local gardening initiatives there are a number of great programs, including the Center for an Agricultural Economy in Hardwick:

<https://hardwickagriculture.org/>

Northeast Kingdom Organizing and the Barton Community Garden:

<https://www.nekorganizing.org/>

Nourish Hardwick: <https://www.nourishhardwick.org/>

This list will be continually updated to reflect the variety of resources available in the area. You can also call Vermont 2-1-1 or visit their website, <https://www.vermont211.org/>, for even more up-to-date information about food help and other assistance. Stay safe and keep informed!